



# NH School Recycling Club NEWS

## In This Issue...

|  |     |
|--|-----|
| Stop Playing with Your Food! Just Reduce it! . . . . . | 1   |
| La Creme De La Creme! . . . . .                        | 2   |
| Matching Grants for School                             |     |
| Recycling Bins . . . . .                               | 2   |
| Recycling Opportunity Knocks . . .                     | 3   |
| The Toner's Fine C'Mon In! . . .                       | 3-4 |
| School Profile . . . . .                               | 5   |
| News Flashes . . . . .                                 | 6   |

## Recycling works at Charlestown Middle School!

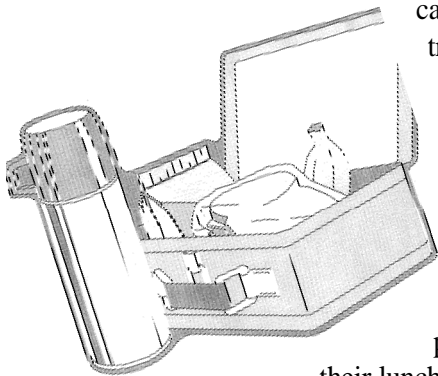


Charlestown Middle School students provide Marghie Seymour of New Hampshire the Beautiful (third from left) with a recycling tour of their school.

# STOP PLAYING WITH YOUR FOOD . . . JUST REDUCE IT!!!

## Hold a "Trash Free Lunch" at YOUR school

**M**ountains of used paper napkins, plastic/paper bags, juice boxes/pouches and "plastic silverware," no this isn't the local landfill, it's a typical school cafeteria trash barrel after lunch! Often times, lunches sent from home (albeit with love) are a recycler's nightmare. These lunches are filled with disposable items that needlessly fill up the schools trash barrel.



With a little effort, YOU can reduce the lunch time trash (and have fun) by holding a Trash Free Lunch!

The goal of a Trash Free Lunch is to have students and staff eliminate disposable packing from their lunches, leaving only organic material (sandwich crusts, apple cores, orange peels, etc.), which can be composted! Holding a Trash Free Lunch can not only reduce the amount of trash your school throws away, but also save the school money by not having to pay to throw it away.

Sounds great, how do we do it? Simply follow these 10 steps!

1. Introduce the idea at a faculty/staff meeting. Describe the goal of the event and how easy it is to participate. While at the meeting, get the staff interested and brainstorm on ideas.
2. If your school isn't currently composting, find a local "composter" who will accept the organic material from your lunch. Contact THE CLUB at 271-1098 to start a school composting program or for help finding a "composter" in your area.
3. Before the event, record the number of trash bags generated during an ordinary lunch (we'll use this later).
4. Choose a day to designate as Trash Free Lunch Day! In the past, a number of schools have held Trash Free

Lunches for Earth Day (April 22) or America Recycles Day (November 15).

5. Introduce the idea to students. Brainstorm ideas of how they can come to school with a Trash Free Lunch. Below are a few suggestions:

### Bring

Cloth bag or lunch box  
Thermos  
Tupperware™ Containers  
Reusable forks & spoons  
Cloth Napkin

### Don't Bring

Plastic or paper bags  
Aluminum Foil or Wrap  
Juice Cartons or Pouches  
Paper napkins  
Plastic forks and spoons

6. Include ideas in a simple flyer to be sent home with the students announcing the Trash Free Lunch.
7. Make posters to hang in the cafeteria to remind students of the upcoming event!
8. On the day of the event, remove all but one of the trash cans - mark this can "COMPOST." Use a five gallon bucket and mark it "TRASH".
9. After the event, compost the organic material collected in the barrel marked "COMPOST."

10. Compare the amount of trash thrown away during a typical lunch to the amount thrown away during the Trash Free Lunch. Really want to see their jaws drop . . . multiply the number of bags reduced by the number of school days in a year! This will give you the number of bags that WOULD NOT be thrown away!

REMEMBER . . . there are no set rules to holding a Trash Free Lunch. So, use your imagination and have FUN while teaching the students a valuable lesson in reducing their trash!

**Earn A Star!**   
by holding a Trash Free Lunch at your school today!



# LA CREME DE LA CREME!

## The 2002 "Best of the Best" School Recycling Awards

It has been a fantastic year for school recycling in New Hampshire! During the past school year, 23 schools have joined THE CLUB, over 100 PETE's Big Bins and 1,062 classroom recycling bins have been placed in classrooms and over 90 STARS!!! Achievement Stickers have been earned! And to end the year, here are the winners of the "Best of the Best" School Recycling Awards:

### ENDURANCE AWARD

This Award, which is given to the school that has demonstrated the ability to not only implement a successful school recycling program, but to also sustain it over time, goes to the **CROTCHED MOUNTAIN SCHOOL** (CMS) in Greenfield, NH! The CMS recycling program was started in 1989 and has not only endured the test of time, but it has thrived! The CMS recycling program has seen staff changes, building renovations, and student graduations, yet it remains an integral part of life on campus!

### RECYCLER OF THE YEAR

This Award is given to the school recycler who has demonstrated the most enthusiasm, commitment, and leadership in promoting school recycling. **LESLIE SEPPALA OF THE LANCASTER ELEMENTARY SCHOOL** is this year's recipient of the Recycler of the Year Award! Ms. Seppala has been instrumental in taking her school's recycling program to the next level! She not only oversees the program, but also brings the mountains of recyclables in her own car to the local recycling center. Her efforts don't stop

there, Ms. Seppala and her class sold candy cane grams before Christmas to raise money to purchase classroom and "PETE's Big" bins (from THE CLUB) in order to expand their school recycling program. After selling over 600 candy cane grams, they had enough money left over to purchase a worm composting bin to place, where else, but in Ms. Seppala's classroom!

### MOST CREATIVE RECYCLING AWARD

This award, presented to the school who has shown the most creativity in their recycling program, goes to the **NORTH WALPOLE ELEMENTARY SCHOOL** (NWES) for its unique recycling efforts. To educate students at the NWES, David Russell, the school's recycling coordinator, conducts a "recycling seminar", where he dumps a bag of trash and sorts out the items that can and can't be recycled, uses old computer components as a way of exposing students to recycling non-traditional items, and reuses plastic bottle caps to make Earth Day pins!

### STARS!!! AWARD

This award is reserved for the school that earns the most STARS!!! Stickers over the past year. For the second year in a row, the STARS!!! Award winner is **Plymouth Elementary School** (PES)! The PES has been an active group this year, earning an incredible 18 STARS!!! Stickers! The list of activities PES completed to earn their STARS!!! Stickers is too long to list, but here are a few of the activities they completed.

- Selling long lasting, energy efficient light bulbs, thus creating less trash to throw away;
- Creating a monthly "Recycling Idea" poster to hang in the school's hallways;
- Starting a book recycling program;
- Decorating the local recycling center for the Holiday season; and,
- Participating in the 2002 Backyard Composting Bin Sale.

**CONGRATULATIONS** to all of the winners and EVERYONE who participated in school recycling over the past year! The winners traveled to the 2002 NH School Recycling Summit to accept their Awards. In addition, each award winner will receive a professional recycling performance compliments of THE CLUB!

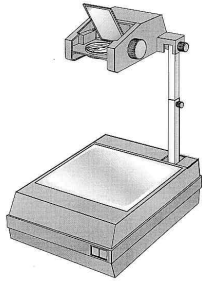


**Crotched Mountain School**

# OPPORTUNITY KNOCKS Special Recycling Programs!

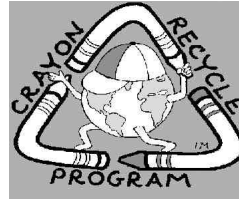
## No longer a "Clear and Present(ation)" Danger!

Transparencies are made of a type of plastic called polyester. When recycled, polyester can be used to make clothing (think green leisure suit), fiber fill for chairs, carpeting, automotive products, new transparency film, insulation, and many more useful products. So, help reduce the estimated 15 million pounds of polyester film thrown into landfills and incinerators each year by starting a transparency recycling program in YOUR school! Simply collect



transparencies until you can fill a large manila envelope (a used one of course) and mail it to:  
 3M Recycle Program  
 c/o Gemark  
 99 Stevens Lane  
 Exeter, PA 18643-1232

## Not just any old crayon, it's a CRAZY CRAYON™



Don't throw away those old, unwanted, or broken crayons, recycle them with CRAZY CRAYONS™! The

CRAZY CRAYONS™ Recycle Program will recycle your school's used crayons into new ones. Collect old, unwanted or broken crayons, package them up and mail them to:  
 LAF Lines, Ltd.  
 16830 Edgewood Avenue  
 Wayzata, MN 55391-2905

**Earn A Star!** 

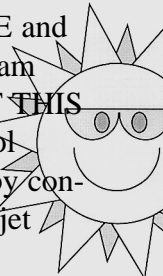
**by starting a transparency recycling program at your school!**

## THE TONERS' FINE, C'MON IN!

# Cartridges for Kids Summer Incentive Program

### Ahh . . . summer time . . .

the sun is out, the temperature is high, the students are GONE and the school's recycling program goes into hibernation. ~~NOT THIS~~ **SUMMER!** Keep that school recycling program roaring by continuing to recycle toner/ink jet cartridges!



encourage New Hampshire schools to continue to **EARN MONEY** by recycling their toner/ink jet cartridges throughout the Summer (last year's winners - Broken Ground Shool, Concord; Pelham Memorial School; Lisbon Regional School).

For the second straight year, the Cartridges for Kids (CFK) Program is sponsoring the Summer Incentive Program to

This year's Summer Incentive Program is a little different than last year's, so here's the skinny - ANY school that recycles \$500 worth of toner cartridges

between June 1 through August 31, 2002 will receive an **EXTRA \$100** (if your school isn't currently participating in the CFK Summer Incentive Program, visit [www.cfktoday.com](http://www.cfktoday.com) to sign up )! The two schools that earn the most money through the CFK Program will receive an **EXTRA \$300 and \$200** respectively. Just think what you could do for your school's recycling program with all that money (How do new recycling bins sound?)



The CRAZY CRAYONS™ Recycle Program will provide you with a FREE crayon for every pound of crayons your school recycles! For more information, please call (800) 561-0922 or visit the website at [crp3.tripod.com](http://crp3.tripod.com).

Looking for MORE fun and unusual recycling projects for your school? Contact THE CLUB by telephone at 271-1098 for a copy of *Recycling Projects for New Hampshire Schools*.

**Earn A Star!**



by starting a crayon recycling program at your school.

## MATCHING GRANTS FOR SCHOOL RECYCLING BINS



**THE CLUB** has received funding from New Hampshire the Beautiful and New Hampshire Soft Drink Association to promote school recycling in New Hampshire by offering members of THE CLUB the opportunity to purchase the following recycling bins at a drastically reduced rate:

**"PETE's Big Bins"** - The clear, green tinted bin (34" high x 21" wide and made of 100% post-consumer PETE material) is available for ONLY \$6.00/Bin! The Bin comes with a label stating, "Recycle Plastic Bottles Here".

**Classroom Recycling Bins** - The green colored bin (16" wide x 22" long x 13" high) is available for ONLY \$2.75! The Bin comes printed with the New Hampshire the Beautiful logo and the phrase "Our School Recycles".

Contact **THE CLUB** by telephone at 271-1098 or by e-mail at [recycle@osp.state.nh.us](mailto:recycle@osp.state.nh.us) for more information.

**Earn A Star!**



by purchasing school recycling bins from THE CLUB!

Does recycling \$500 worth of toner/ink jet cartridges sound like a lot? With a little effort (and some help from your friends), your school can quickly earn money through the CFK Program. Some toner/ink jet cartridges are worth \$8 each. A price list is available at [www.cfktoday.com](http://www.cfktoday.com). Below are a few simple pointers to help your school collect MORE toner/ink jet cartridges for recycling:



\* Ask a local business to sponsor your school! Most businesses

(i.e., banks, car dealerships, realtors, doctor's office, print shops, etc.) have some type of printer, fax machine and/or copier.

\* Place a collection box at Town/City Hall and the Recycling Center! Ask students to construct colorful signs

that can accompany the collection boxes.

\* Bring them in from home! Send a flyer home asking parents to send cartridges in from home or work.

For more information regarding CFK's Summer Incentive Program, please contact either Melisa Quire or Barbara Crawford by telephone at (800) 845-8851 or by e-mail at [contact@cfktoday.com](mailto:contact@cfktoday.com).

**Earn A Star!**



by participating in the Cartridges for Kids Summer Incentive Program!

# School Profile

## Charlestown Middle School

Grades: 6-8

Population: 203

Recycle: Plastic, Glass, Aluminum, Mixed Paper, Newspaper, Steel, Toner Cartridges

Operated by: Students with Advisor Supervision



**H**oping to start a school recycling program at the Charlestown Middle School (CMS), three concerned students represented the school at the 2001 NH School Recycling Summit. While at the Summit, the students saw and heard all the great things other New Hampshire schools were doing in the "World of School Recycling" and began to ask themselves, "Why aren't we doing this?"

Armed with the knowledge that other schools were succeeding, the students decided to commit themselves to making recycling work at their school. Their first order of business was to create a recycling club! Before they knew it, 36 enthusiastic and committed students voluntarily joined.

Next, the recycling club set out to overcome the school's lack of suitable storage space. At the 2001 Summit, they learned of the School Recycling Trailer which has been used by a number of schools to store and transport recyclables to the local recycling center. Unfortunately, the CMS was too late to be part of the Trailer grants program from THE CLUB, but that

didn't stop this determined group of recyclers! Realizing that the only thing standing between them and recycling at CMS was the Trailer, the recycling club focused their efforts on raising the \$3,000 necessary to purchase a Trailer for the school. The CMS Student Council chipped in \$400 to get them started. Next, they

approached New Hampshire the Beautiful, Inc., who responded to their excitement and commitment by awarding them a \$1000 grant. The students were excited and thankful for the money, but they still needed \$1,600. Equipped with confidence in themselves, several students made a PowerPoint™ presentation to the Charlestown School Board and the Town's Selectmen! Their efforts paid off and resulted in a

combined commitment of \$1600 from the School Board and Selectmen and consequently giving them enough money to purchase a Trailer.

Now the school has an active recycling program! Members of the CMS recycling club split into two groups to collect recyclables on Wednesdays and

Fridays. Once collected, the recyclables are first brought to the Nurse's office where they are weighed. The results are recorded and used to help give the staff, faculty, and other students an idea of how their efforts are making a difference! The recyclables are then brought to the Trailer where they are stored in large plastic boxes decorated by the recycling club. Once the boxes on the trailer are full, the adult supervisor of the recycling club tows the Trailer to the local recycling center!

The Charlestown Middle School's recycling program is simply AMAZING! On behalf of THE CLUB and all its members, we salute and congratulate the CMS for their hard work, dedication and passion for their school recycling program! Keep up the OUTSTANDING work!





# News Flashes

## WELCOME, New CLUB Members!

Fred C. Underhill School (Hooksett)  
 Maple Street School (Hopkinton)  
 Griffin Memorial School (Litchfield)  
 Daisy Bronson Middle School (Littleton)  
 Boynton Middle School (New Ipswich)  
 ConVal Regional High School (Peterborough)  
 Keene High School  
 The Community School (Tamworth)  
 Warren Village School  
 Kingswood Regional High School (Wolfeboro)

## Compost to CASH!

The following seven New Hampshire schools participated in the statewide, backyard composting bin sale AND, combined, raised over \$1,000 by selling 210 backyard compost bins:

**Canterbury Elementary School**  
**Crotched Mountain School - Greenfield**  
**Gilford Middle High School**  
**Lisbon Regional Schools**  
**Plymouth Elementary School**  
**Strafford Elementary School**  
**Warren Village School**

## WORM COMPOSTING GRANT PROGRAM!!!



**"Give it to the worms they'll eat anything!"**

The Student Delegates at the 2001 Summit voted for THE CLUB to sponsor a worm composting grants program during the 2001/2002 school year AND we listened! Consequently, with funding from Shop 'N Save/Hannaford Brothers, THE CLUB's matching grants program placed over 59,000 worms in New Hampshire classrooms. Make sure to thank your 2001 Summit Delegates.

WE NEED YOUR FEEDBACK! Please contact THE CLUB by telephone at 271-1098 or by e-mail at [recycle@osp.state.nh.us](mailto:recycle@osp.state.nh.us) to let us know how you have integrated these bins into your classroom and/or curriculum (Psst . . . we have a number of GREAT worm composting resources in the Educational Lending Library).

## END THE YEAR ON A BRIGHT (AND FUN) RECYCLING NOTE!!!

### Educational Lending Library is now OPEN (It's FREE too)!

Informal studies have shown that as the temperature rises, student's attention spans shorten! One way to keep your students interested (and make your day a little easier) is to borrow one of the many educational aids from the New Hampshire Educational Lending Library. The Library has over 100 books, videos, curricula, and loan kits that emphasize the FOUR "R's": Reduce, Reuse, Recycle and Rot. So, DON'T be shy; borrow something (FOR FREE) from the Library today. A listing of educational materials located in the Library is now available at [www.state.nh.us/recycle](http://www.state.nh.us/recycle). For a list of HOT ITEMS (most popular), please e-mail THE CLUB at [recycle@osp.state.nh.us](mailto:recycle@osp.state.nh.us)!

**Earn A Star!**



for using  
 one of the items from the  
 Educational Lending  
 Library!



PRSRT.STD  
US POSTAGE  
PAID  
CONCORD NH  
PERMIT #1478

2 1/2 Beacon Street  
Concord, NH 03301-4497  
VOICE: (603) 271-1098  
FAX: (603) 271-4034  
E-mail: [recycle@osp.state.nh.us](mailto:recycle@osp.state.nh.us)



# The Club Newsletter

THE CLUB is designed to be a fun and innovative way to give kids encouragement, direction, and networking possibilities for school recycling programs. Benefits to joining THE CLUB include:

- ◆ Hear the latest news in New Hampshire's school recycling community.
- ◆ Gain statewide recognition for your school's recycling efforts.
- ◆ Increase partnerships between your community and your school.
- ◆ Receive technical assistance for your school. Learn of FREE recycling educational resources.

*Membership in THE CLUB is fun, simple and easy! To join, your school simply needs to:*

- ◆ Be currently recycling or agree to recycle at least one item within one year.
- ◆ Have a centralized group (class, club, organization).
- ◆ Have one adult contact and written approval from the principal.

NH School Recycling Club  
c/o NH Governor's Recycling Program  
2 1/2 Beacon Street,  
Concord, NH 03301-4497  
603-271-1098

Fax: 603-271-4034

email:

[recycle@osp.state.nh.us](mailto:recycle@osp.state.nh.us)

Website:

[www.state.nh.us/recycle](http://www.state.nh.us/recycle)