Earth Day is coming up (April 22nd, just a few days away) making this idea perfect for today!

The idea of composting is AMAZING – taking food waste and garbage, turning it into rich soil, to then grow food again. AMAZING! But it is tough for children to really understand this. It takes time ... a lot of time. But not when you do it on a teeny tiny scale.

We made a little compost a few weeks ago, and it worked great! The kids could really get the idea for how a compost works – and best of all you only need two things:

Sandwich bags and a straw.

That’s it! Well, of course your food waste, “browns” (like egg cartons), and water too.

Within a couple of weeks you will have soil.

The idea is very simple. We used a small sandwich baggie with a zipper top. Then we added our items to be composted, including some vegetables and some egg cartons.

You want your compost to be about 60% egg carton and 40% food waste (veggies are fastest). Chop everything up SUPER small to speed along the process.

We zipped the top, but put a little straw in for some air.

We added a little drizzle of water (about two tablespoons or so, just so everything gets mushy).

That’s it! Now, we just need to mush it around a little each day, add some water when needed, and be patient. In a few weeks we will have some (albeit not much!) gorgeous, rich compost.

Now if that is not a wonderful reminder about the importance of composting, then I’m not sure what is. Perfect for even the littlest of environmentalists!

Pop on over to CBC kids to read all the details!